



youth health initiative

be healthy • be yourself

The Commission set up a new website in youth friendly design targeted for the young people. The aim of the website is to empower young people to have a real say about their health by offering them a space to air their views. This website will be used as a main source of information about the Youth Health Initiative.

The initiative emphasises dialogue and involvement of young people in tackling the health issues that affect them and invites young people to be active partners in our work on health.



The Commission launched the new Youth Health Initiative website, which will be accessible in 22 language versions. We would like to ask you to disseminate this information within your network in order to involve a variety of young people across the Europe.

► <http://health.europa.eu/youth>

Website 'Be healthy – Be Yourself'

The website is accessible from the EU Health Portal. It has three major parts: a conference page, a Youth Health competition page and a blog page which will be moderated by the European Youth Forum.

The youth health conference web site gathers information about the conference which will take place in Brussels on 9 and 10 July 2009. A main feature of the conference will be close involvement of young people and their organisations in the preparation of the event. The website will be regularly updated in order to gather the latest information including the conference program, the main conference themes, related documents on youth health, and information about the main partners and their activities contributing to the initiative.

The youth health arts competition is open to 15-25 year olds who wish to express their views on health issues. Participants are invited to send via the website or by post their pictures, short video-clips or drawings on the six conference themes.

Prizes include a personal music player, a video game console, and a camera or video camera. Some winners will be invited to the Youth Health Conference in Brussels to present their work to an audience from across the Europe.

The blog will be a discussion forum for young people to exchange views on their health concerns and priorities. Blog users will have the possibility to share their personal views on the "testimonial page" related to the 6 main conference themes. Some of the bloggers will be selected to participate in the Youth Health Conference.

